



Community View

The Hesketh Bank Community Centre Newsletter

Issue 15 - May 2021



Welcome to your new Community Centre

It's been a long hard road, but we have finally got there. Your brand new state of the art, purpose built Community Centre is now ready and waiting to greet you and we look forward to seeing anyone who cares to drop in to enjoy a chat and a brew in our cosy lounge from June 21st, when the Covid restrictions will hopefully have been relaxed.



We will be delighted to give you a tour of the new building which includes a large multi purpose hall that can be divided into two sizeable areas and a smaller hall ideal for meetings, training and other class sized group events. A well equipped kitchen, a bar, office and toilets complete the facilities which are designed to make the Community Centre suitable for almost any occasion including public meetings, theatrical performances and private functions.

Although we had planned to delay use of the building until all Covid restrictions were due to be relaxed, there has been such a clamour from groups wishing to start using the new centre that it has in fact been open for bookings from May 17th - the first available date under the Covid Lockdown Roadmap and subject to the Stage 3 restrictions that we must operate under.

Needless to say, the Trustees are delighted with the result they have achieved and, although there have been many difficult hurdles along the way, we have been buoyed up by the tremendous support of the local community. Special mention here must go to Mike and Sue Ellis without whom all this would certainly not have been possible. Sadly for us, they have gone to live in Staffordshire to be closer to their family and so, having delivered such a fantastic community resource, unfortunately they won't be able to enjoy it for years to come like the rest of us. We wish them a very happy future!

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Follow us at: **www.facebook.com/heskethbankcommunitycentre** • **@HeskethBankVCC**

Hesketh Bank Community Centre - Station Road, Hesketh Bank, PR4 6SR. Registered Charity Number: 1180178

Come and see us

We are so looking forward to welcoming events and activities, old and new, to our fabulous new facility and plan to re-open, with limited capacity and subject to government guidelines, from the 17th May.

Mondays

- am** Baby Sensory, Baby Yoga (and Toddler Group coming soon) with Blissful Bears www.blissfulbears.co.uk
- am** Local History with Beconsall U3A (from June) www.beconsallu3a.org
- pm** Zumba Gold with Kay B Music Fitness www.facebook.com/kayb.musicfitnessdance
- pm** Book Club with Beconsall U3A (from June) www.beconsallu3a.org

Tuesdays

- am** Table Tennis with Beconsall U3A www.beconsallu3a.org
- pm** Chair-Based Exercises with Kay B Music Fitness www.facebook.com/kayb.musicfitnessdance
- pm** Dog Training with Mere Brow Gun Dogs www.merebrowgundogs.co.uk

Wednesdays

- am** Slimming World www.slimmingworld.co.uk
- pm** Gymnastics with Gymzkool. Call Julie on 07577 273849
- pm** Nippon UK www.nipponuk.com

Thursdays

- am** Coffee Morning with Beconsall U3A (from June) www.beconsallu3a.org
- pm** Tai Chi with Freshfield Fitness (from June) www.freshfieldfitness.co.uk
- pm** Gymnastics with Gymzkool. Call Julie on 07577 273849
- pm** Table Tennis call Steve on 07766367550

We have two halls: the larger Ellis Suite, which can hold up to 120 people, and smaller Baldwin Room, which can hold up to 40, - once restrictions are lifted - and can host a wide range of things, including private bookings, with the support of our lounge, kitchen and bar.

To find out more visit

www.heskethbankcommunitycentre.org.uk,
email info@heskethbankcommunitycentre.org.uk
or call 07784 942127 to book a tour.

Meet **HARRI**

**Health
Advice
Recovery
Resilience
Information**



**Come and meet us on HARRI on
Thursday 3rd June at Hesketh Bank
Community Centre Station Road,
Hesketh Bank, Preston PR4 6SR from
10:00 – 3:00**

HARRI is our health and wellbeing engagement vehicle, with it we are able to travel around Lancashire to talk with the local communities and individuals.

On board: We engage with you; to share our ideas and plans for the future and to gain insight into what your need are.

We offer simple signposting, advice and guidance to offer the right help at the right time in the right place for you.

On board there will be a mixed group from within the NHS and beyond, which will enable us to offer you a wide range of information on many of the issues you may be facing, Mental helpline, quit smoking, diabetic, wellbeing team, Mindsmatter, and much more. The vehicle includes a private consulting area with disabled access.

Pop over and say hello to our team

Are you worried and just needed to talk to someone?

Would you like some information on quit smoking?

Would you like to attend our FREE health and wellbeing courses?