



Community View

The Hesketh Bank Community Centre Newsletter

Issue 24 – September 2024

60 years and still going strong!

On the 1st September 1964, Hesketh Bank Village Hall as was, opened its doors for the very first time. 60 years on, some of our eight volunteer trustees and seven staff members came together to celebrate the milestone with a barbeque on the hottest day of the year.



We are pleased to welcome back Mikron Theatre Company, the Community Cinema and Jacqui's Rhythm Katz for the Autumn and Sheila will be doing her famous Christmas Afternoon Tea (date TBC). We will again be hosting our Lancashire Day Celebrations and Artisan Market, and last but, not least Dog First Aid will run on Monday 16th September and watch out for more Art Workshops by popular demand.

In other news, thanks to grant funding, we have been able to buy chairs with arms and, thanks to some very kind donations, we have been able to purchase a second TV and more tables. We are also very grateful to the Parish Council for repairing the fencing between the Centre and Hesketh Bank Football Club, which had been damaged and was a serious health & safety risk to users.



WHAT'S ON?



We are proud to be part of Warm Welcome Spaces,
which means you can pop in any time
for a brew and a chat.

Mondays	AM	Boxing/Circuits with CW Fitness U3A Local History (fortnightly) Gardening Made Easy (restarts September)	cwfitnessandhealth@hotmail.com www.beconsallu3a.org Call Marguerite on 01772 601376
	PM	Tai Chi with Freshfield Fitness U3A Creative Textiles (fortnightly) Zumba Gold with Kay B Music Fitness Jennifer Walters Theatre School: Reception/Year 1 Modern Class 1 Modern Class 1 Tap U3A Book Group (last of the month) Parish Council Meetings (second of the month) Jennifer Walters Theatre School: Adult Ballet Adult Tap	www.freshfieldfitness.co.uk www.beconsallu3a.org kaybkayb1@gmail.com Call Jennifer on 07305 284430 www.beconsallu3a.org Call the Clerk on 01772 812681 Call Jennifer on 07305 284430
Tuesdays	AM	U3A Table Tennis U3A Creative Writing	www.beconsallu3a.org www.beconsallu3a.org
	PM	Cognitive Stimulation Therapy Group Chair Exercises with Kay B Music Fitness Jennifer Walters Theatre School: Class 2 Modern Class 2 Tap Class 3 Ballet Class 2 Tap Class 3 Modern Circuits with CW Fitness Puppy Training with Harrison's	Call Age UK on 03003 031234 kaybkayb1@gmail.com Call Jennifer on 07305 284430 cwfitnessandhealth@hotmail.com Call Myles on 07749 954161
Wednesdays	AM	Slimming World Gardening Made Easy Hatha Yoga with Bliss Tranquility	Call Evette on 07847 383588 Call Marguerite on 01772 601376 Call Debra on 07821 814044
	PM	Jennifer Walters Theatre School: Pre School Ballet Class 1 Musical Theatre Class 2 Musical Theatre Group Singing Diabetes Prevention Programme (once a month) Ju Jitsu with Nippon UK Dog Ringcraft	Call Jennifer on 07305 284430 David.Crouch@reedwellbeing.com www.nipponuk.com Call Jean on 07748 785230 (day) Helen on 07795 684400 (evening)

See www.heskethbankcommunitycentre.org.uk for up-to-date information

	AM	U3A Coffee Morning	www.beconsallu3a.org
	PM	Sarah Underwood Classes: Pre School Pilates Play Time Move It or Lose It! Beginners Pelvic Floor Focussed Pilates Stretch and Balance Pilates Pilates for Equestrians Pilates for Equestrians	Call Sarah on 0789 889811
Thursdays		West Lancashire Classic Trains (17 th October) Dementia Carers Group Child Health Clinic and Stay & Play Conexus Tuition HIIT with CW Fitness Table Tennis	Call Frank on 07906 058681 dementiacarershb@gmail.com Call 0300 247 0040 kevin@conexustuition.co.uk cwfitnessandhealth@hotmail.com Call Steve on 07766 367550
Fridays	AM	NHS Advanced Health Checks Circuits with CW Fitness	Lesley.wilson30@nhs.net cwfitnessandhealth@hotmail.com
	PM	NHS Advanced Health Checks Community Café Walk this Weigh Ju Jitsu with Nippon UK Kickboxing with Nippon UK	Lesley.wilson30@nhs.net www.facebook.com/HBTHelpers craig.baxter@westlancs.gov.uk www.nipponuk.com www.nipponuk.com
Saturdays	AM	Jennifer Walters Theatre School: Pre School Ballet Pre School/Reception Tap Reception Ballet Year 1 Ballet Year 1 Tap Class 1 Ballet Class 2 Ballet	Call Jennifer on 07305 284430
	PM	Diabetes Prevention Programme (once a month)	David.Crouch@reedwellbeing.com
Sun	PM	Community Cinema (third of the month) Jacqui's Rhythm Katz (first of the month)	starting again in September starting again in October

Dates for your diary:



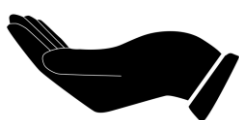
Saturday 28th September 7pm

Mikron Theatre Company presents Jennie Lee, the extraordinary life of the radical MP you've never heard of...



Sunday 24th November 12:30pm

Lancashire Day Celebrations with hotpot and entertainment from Sid Calderbank and friends.



Sunday 1st December 10am-2pm

Artisan Market with all the stalls you need to start your Christmas shopping and lite refreshments.

New Manager!

The Trustees of Hesketh Bank Community Centre are delighted to announce their appointment of Sam Lowe as the very first Centre Manager, heading up a team of seven paid Caretakers.



Chairman of the Centre, Bill Hall, said: "We are blessed with an amazing team, who keep our Centre looking spic and span, and take great care of our visitors. Sam, who has been with us for two years, brings a wealth of experience in hospitality and HR to this new role, strengthening our staff and supporting the volunteer Trustees."

Sam, pictured here, at the recent Art Workshop hosted by the Centre, works with Shirley Wignall, Sandra Harrison, Sheila McCoy, Mary Marland, Caroline Mitchell and Holly Sutcliffe.

Bill continued "When the new building opened, we hoped to be able to employ a couple of part time staff and now we have a team, which is far beyond that dream. We are very grateful to each and every one of them as they are the life of the centre and the reason why we can provide such an excellent facility and first-class service."

Last but not least, we presented our second Volunteer of the Year Award, in line with national #thankyouday, recognising all those people who support not only the Centre but our wider Community. This year's recipient was the very deserving Stuart Atkinson who collects donations each week for our Community Café every Friday. We are grateful to all our volunteers – we could not do what we do without you and our wonderful community.



We have three halls available for functions:
The **Founders' Suite** holds up to 50 people and can specifically cater for children under 4 years,
the **Baldwin Room** holds up to 40 people and
our **Ellis Suite** holds up to 120 people,
with hire costs inclusive of kitchen, bar, crockery, cutlery and tablecloths
and a **Table Tennis Table** -
included in function fees or available for private hire.
PLUS
A **Multi-Use Games Area** for outdoor sports and team-building.

07784 942127

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Hesketh Bank Community Centre, Station Road, Hesketh Bank, Preston PR4 6SR

Registered Charity Number: 1180178

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