



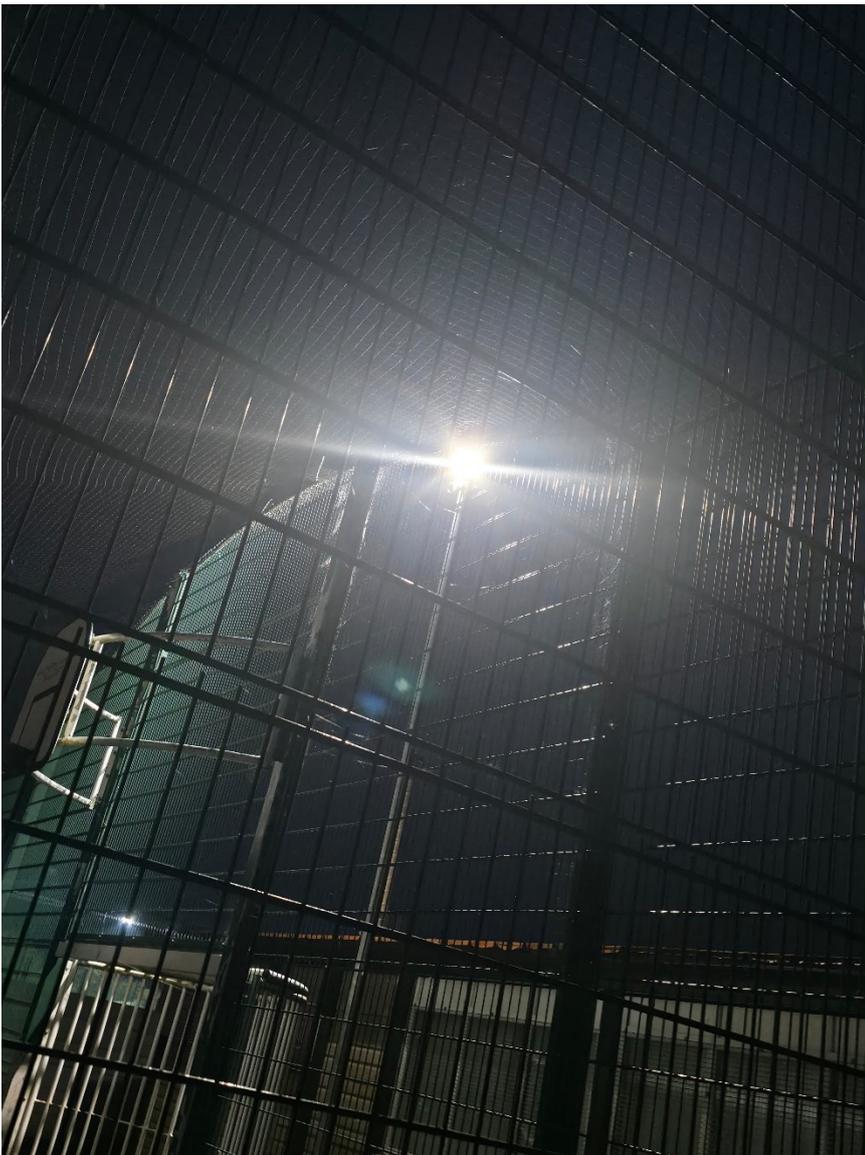
# Community View

The Hesketh Bank Community Centre Newsletter

Issue 29 – January 2026

## Huge thank you to Sport England!

Everyone at Hesketh Bank Community Centre is very grateful to Sport England for a grant to replace the lighting on our Multi-Use Games Area (MUGA).



Chairman of Hesketh Bank Community Centre, Bill Hall, explained, "We applied to Sport England for funds to allow us to replace the lighting on our MUGA, which we have been trying to do for over two years. The grant covered all the expenses in full, helping us to improve safety and security and allow more time to use the facility in the darker months. It is fixed with a timer, so users just need to press that and away they go!" This improvement has enabled us to host Wigan FC in the Community football kick sessions in the MUGA and West Lancs Children and Families Wellbeing Service activity bus equipped with a PS4 which have both proved very popular. Next sessions are 22<sup>nd</sup> January, 12<sup>th</sup> February and 19<sup>th</sup> March 6:15-7:30pm.

In other news, we are proud to be a Warm Welcome Space for the fourth year running, which means

that the centre is open every day for you to call in for a cuppa and a chat – we are also chasing away the cold winter with crumpets and toasted teacakes alongside our regular 'Cake of the Week'. As always, there is lots going on to beat the winter blues with our upcoming events: Rollercoaster are back, along with our annual Burns Celebration, Jacqui's Rhythm Katz, Quiz and Easter Afternoon Tea - see overleaf for details and check the website for the most up-to-date information. We hope you will find something of interest from what's going on and look forward to giving you a warm welcome in the Centre soon!



# WHAT'S ON at HESEKTH BANK COMMUNITY CENTRE



	AM			
Mondays		<b>Boxing for Fitness/Circuits</b>	£6 or block deals	<a href="mailto:cwfitnessandhealth@hotmail.com">cwfitnessandhealth@hotmail.com</a>
		<b>U3A Local History</b> (fortnightly)	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>
		<b>Gardening Made Easy</b>	£130.00 block deal	Call Marguerite on 01772 601376
	PM	<b>Tai Chi</b>	£7 per session	<a href="http://www.freshfieldfitness.co.uk">www.freshfieldfitness.co.uk</a>
		<b>U3A Creative Textiles</b> (fortnightly)	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>
		<b>Zumba Gold</b>	£6 per session	<a href="mailto:kaybkayb1@gmail.com">kaybkayb1@gmail.com</a>
		<b>Jennifer Walters Theatre School</b>		Call Jennifer on 07305 284430
	<b>U3A Book Group</b> (last of the month)	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>	
	<b>Parish Council Meetings</b> (second of the month)		Call the Clerk on 01772 812681	
Tuesdays	AM	<b>U3A Table Tennis</b>	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>
		<b>U3A Creative Writing</b>	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>
	PM	<b>Foot Care Clinic</b> (once a month)		<a href="mailto:juliehogan1502@icloud.com">juliehogan1502@icloud.com</a>
		<b>Chair Exercise</b>	£6 per class	<a href="mailto:kaybkayb1@gmail.com">kaybkayb1@gmail.com</a>
		<b>Jennifer Walters Theatre School</b>		Call Jennifer on 07305 284430
		<b>Circuits</b>	£6 or block deals	<a href="mailto:cwfitnessandhealth@hotmail.com">cwfitnessandhealth@hotmail.com</a>
		<b>Puppy Training</b>	£90 for 6 sessions	Call Myles on 07749 954161
Wednesdays	AM	<b>Slimming World</b>	£5.95 or block deal	Call Evette on 07847 383588
		<b>Yoga</b>	£7.50 or block deal	Call Susan on 07562 722324
		<b>Children &amp; Families Wellbeing Service</b> (second of the month)	FREE	<a href="mailto:hayley.mcilroy@lancashire.gov.uk">hayley.mcilroy@lancashire.gov.uk</a>
		<b>Gardening Made Easy</b>	£130.00 for 10 weeks	Call Marguerite on 01772 601376
		<b>Hatha Yoga</b>		Call Debra on 07821 814044
	PM	<b>Little Loves Baby Club</b>	£12 per party booking	<a href="http://www.littlelovesclub.co.uk">www.littlelovesclub.co.uk</a>
		<b>Yoga</b>	£7.50 or £28 for 4-week block	Call Susan on 07562 722324
		<b>Walk this Weigh</b>	FREE	<a href="mailto:craig.baxter@westlancs.gov.uk">craig.baxter@westlancs.gov.uk</a>
		<b>Jennifer Walters Theatre School:</b>		Call Jennifer on 07305 284430
		<b>Ju Jitsu</b>	£7 per session	<a href="http://www.nipponuk.com">www.nipponuk.com</a>
	<b>Sing Fabulous Choir</b>		Call Debra on 07821 814001	
	<b>Dog Ringcraft</b>	£6 per dog per week	Call Jean on 07748 785230 (day) Helen on 07795 684400 (evening)	

\*U3A - one FREE "taster" then an annual subscription and weekly fees per activity

Thursdays	AM	<b>Child Health Clinic and Stay &amp; Play</b>	FREE	Call 0300 247 0040
		<b>U3A Coffee Morning</b>	*	<a href="http://www.beconsallu3a.org">www.beconsallu3a.org</a>
	PM	<b>West Lancashire Classic Trains</b> (15 <sup>th</sup> January and 16 <sup>th</sup> April)	£4 per person	Call Frank on 07906 058681
		<b>Dementia Carers Group</b>	FREE	<a href="mailto:dementiacarershb@gmail.com">dementiacarershb@gmail.com</a>
		<b>Jennifer Walters Theatre School</b>		Call Jennifer on 07305 284430
Fridays		<b>Small Group Training</b>	£6 or block deals	<a href="mailto:cwfitnessandhealth@hotmail.com">cwfitnessandhealth@hotmail.com</a>
		<b>Table Tennis</b>	£3 per session	Call Steve on 07766 367550
	AM	<b>Circuits</b>	£6 or block deals	<a href="mailto:cwfitnessandhealth@hotmail.com">cwfitnessandhealth@hotmail.com</a>
	PM	<b>Community Café</b>	PAY WHAT YOU FEEL	<a href="http://www.facebook.com/HBTHelpers">www.facebook.com/HBTHelpers</a>
		<b>Walk this Weigh</b>	FREE	<a href="mailto:craig.baxter@westlancs.gov.uk">craig.baxter@westlancs.gov.uk</a>
Saturdays		<b>Starlight Dance Academy</b>		<a href="mailto:starlightdancacademy.info@gmail.com">starlightdancacademy.info@gmail.com</a>
		<b>Ju Jitsu and Kickboxing</b>	£7 per session	<a href="http://www.nipponuk.com">www.nipponuk.com</a>
	AM	<b>'Energise' Yoga</b>		Call Debra on 07821 814044
Sundays		<b>Jennifer Walters Theatre School</b>		Call Jennifer on 07305 284430
	PM	<b>Jennifer Walters Theatre School</b>		Call Jennifer on 07305 284430
	PM	<b>Beacon Church</b>		<a href="http://www.beaconchurchhb.org">www.beaconchurchhb.org</a>



## THE NATIONAL LOTTERY Open Week

We will be celebrating The National Lottery Open Week (7<sup>th</sup> - 15<sup>th</sup> March) with FREE table tennis again and more activities, plus a celebration for Village Halls Week.



So, make sure you follow us on social media or sign up to our email list (see below) for the most up-to-date information.

Simply send a message to  
[treasurer@heskethbankcommunitycentre.org.uk](mailto:treasurer@heskethbankcommunitycentre.org.uk)  
with the subject heading Email List.

We have three halls available for functions:  
The **Baldwin Room** holds up to 40 people,  
The **Founders' Suite** holds up to 50 people and can specifically cater for children under 4 years, and our  
**Ellis Suite** holds up to 120 people with direct access to the bar.

# dates for your DIARY

## **Rollercoaster Saturday 24<sup>th</sup> January**

Four-piece band playing tunes from the 50s, 60s, 70s, 80s and more, so get your dancing shoes on!

Bar opens at 7:30pm, show 8-10pm

£10 per person please book and pay by 17<sup>th</sup> January

## **Burns Celebration Sunday 25<sup>th</sup> January**

Haggis, neeps and tatties, piper and Scottish dancing.

Bar opens at 12:30pm, lunch 1pm

£17.50 per person please book and pay by 18<sup>th</sup> January

## **Jacqui's Rhythm Katz Sunday 8<sup>th</sup> March**

Bar opens at 7:30pm, show 8-10pm

£5 per person and raffle pay on the door

## **Quiz Saturday 28<sup>th</sup> March**

Bar opens at 7pm, quiz from 7:30pm

7 rounds including 2 marathon rounds to be completed during the evening plus great raffle prizes to be won!

£5 per person please book and pay by 26<sup>th</sup> March

## **Easter Afternoon Tea Thursday 2<sup>nd</sup> April**

3:30pm – 5pm

£14 per person please book and pay by 26<sup>th</sup> March

## **Our Centre Manager, Sam commented...**

"I am delighted that we are once again a Warm Welcome Space and continue to see new and regular faces coming each week to the Centre. Our weekends are becoming just as busy as weekdays, especially as we now host Beacon Church every Sunday, and we are pleased to bring back our annual events and regular entertainers. I recommend you book early for the events, so as not to be disappointed, because they are always a sell-out. Finally, a huge thank you to everyone who continues to support our Centre activities with kind donations, we are very grateful. We go through a lot of tea, coffee and biscuits and so your contributions are gratefully received, our bookshelves are constantly replenished with new and exciting titles, and we can always make use of unwanted Christmas gifts as raffle prizes. Here's to a prosperous 2026 for all our community!"



07784 942127

[info@heskethbankcommunitycentre.org.uk](mailto:info@heskethbankcommunitycentre.org.uk)

Hesketh Bank Community Centre

Station Road

Hesketh Bank

Preston PR4 6SR

Registered Charity Number: 1180178

HBCC Events CIC

Station Road

Hesketh Bank

Preston, PR4 6SR

Company Number: 16143528

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